

Dynamic Thought Affirmation – Written by Henry Thomas Hamblin

(Excerpt from Part 3)

To be pondered over between the hours of 6 a. m. and 9 a. m. and 9 p. m. and 11 p. m. Especially just before retiring is recommended.

*In the past, I have listened to the distracting voices of this imperfect, unsatisfying Life of the senses. I have been pulled this way and that, by desire, by impulse, by uncontrolled emotions, and have been influenced by the advice of those who have had no inward knowledge. Henceforth, I turn a deaf ear to all these voices and listen only to the inward voice which always speaks with perfect wisdom. No more shall I be perplexed and worried not knowing which way to turn or what to do. Instead, I shall be guided perfectly by the inward voice of inspiration. I raise my mind above this life of the senses and dwell in the perfect World of Mind. All thoughts and suggestions and states that are not in harmony with the Highest Good, I reverse into their opposites. Thus, do I cleanse my mind, my thought, my life, my circumstances, my world, and build up my life anew.*

*When perplexed or faced with difficult problems, I retire into my inner self, and, by thought control, I keep out, or "reverse," the unwanted thought, until my inner mind is stilled and calmed, and I can hear the inner voice of wisdom. This voice of wisdom never errs, never leads astray, but always guides me toward the Highest Good. Therefore, I have no worry or care or perplexity, because I always know how to act even in the most perplexing circumstances, being guided perfectly by the inner voice of wisdom.*

*Henceforth, there is for me no care, anxiety or worry, because I am guided into all good. Every good and perfect thing is mine NOW. Health, prosperity, happiness, peace of mind, all are mine Here and Now.*